

# REPUBLIC OF KENYA

# **COMPETENCY BASED CURRICULUM**

### **FOR**

# **ARTISAN IN COMMUNITY HEALTH**

### LEVEL 4



KISII NATIONAL POLYTECHNIC P.O. BOX 222-40200 KISII

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#### **FOREWORD**

The provision of quality education and training is fundamental to the Government's overall strategy for social economic development. Quality education and training will contribute to achievement of Kenya's development blueprint and sustainable development goals.

Reforms in the education sector are necessary for the achievement of Kenya Vision 2030 and meeting the provisions of the Constitution of Kenya 2010. The education sector had to be aligned to the Constitution and this resulted to the formulation of the Policy Framework for Reforming Education and Training (Sessional Paper No. 4 of 2016). A key feature of this policy is the radical change in the design and delivery of TVET training. This policy document requires that training in TVET be competency based, curriculum development be industry led, certification be based on demonstration of competence and mode of delivery allows for multiple entry and exit in TVET programmes.

These reforms demand that Industry takes a leading role in curriculum development to ensure the curriculum addresses its competence needs. It is against this background that this curriculum has been developed.

It is my conviction that this curriculum will play a great role towards development of competent human resource for Health sector's growth and development.

PRINCIPAL, KISII NATIONAL POLYTECHNIC

#### **PREFACE**

Kenya Vision 2030 aims to transform the country into a newly industrializing, "middle-income country providing a high-quality life to all its citizens by the year 2030". Kenya intends to create a globally competitive and adaptive human resource base to meet the requirements of a rapidly industrializing economy through life-long education and training. TVET has a responsibility of facilitating the process of inculcating knowledge, skills and attitudes necessary for catapulting the nation to a globally competitive country, hence the paradigm shift to embrace Competency Based Education and Training (CBET).

The Technical and Vocational Education and Training Act No. 29 of 2013 and Sessional Paper No. 4 of 2016 on Reforming Education and Training in Kenya, emphasized the need to reform curriculum development, assessment and certification. This called for a shift to CBET to address the mismatch between skills acquired through training and skills needed by industry as well as increase the global competitiveness of Kenyan labour force.

KISII NATIONAL POLYTECHNIC in conjunction with experts in Health Science department (HSC) have developed this curriculum.

This curriculum has been developed following the CBET framework policy; the CBETA Standards and guidelines provided by the TVET Authority and the Kenya National Qualification framework designed by the Kenya National Qualification Authority.

This curriculum is designed and organized with an outline of learning outcomes; suggested delivery methods, training/learning resources and methods of assessing the trainee's achievement. The curriculum is competency-based and allows multiple entry and exit to the course.

I am grateful to the Council Members, Council Secretariat, Health Science Department, expert workers and all those who participated in the development of this curriculum.

Mr. DAVID MWANGI, Secretary, Governing Council, KISII NATIONAL POLYTECHNIC

#### ACKNOWLEDGMENT

This curriculum has been designed for competency-based training and has independent units of learning that allow the trainee flexibility in entry and exit. In developing the curriculum, significant involvement and support was received from various organizations.

I recognize with appreciation the role of the Health Science Trainers in ensuring that competencies required by the industry are addressed in the curriculum. I also thank all stakeholders in Community Health sector for their valuable input and all those who participated in the process of developing this curriculum.

I am convinced that this curriculum will go a long way in ensuring that workers in Community Health Sector acquires the competencies that will enable them to perform their work more efficiently and effectively.

HEAD OF SECTION, COMMUNITY HEALTH
DANIEL N. NYAMEINO

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#### **ACRONYMS**

ACSM: Advocacy, Communication and Social Mobilization

ARV: Antiretroviral

BC: Basic Competency

BRFSS: Behavioural Risk Factor Surveillance Systems

CBET: Competency-Based Education and Training

CC: Common Competency

CDACC: Curriculum Development, Assessment and Certification Council

CH: Community Health

CHAs: Community Health Assistants

CHC: Community Health Committee

CHIS: Community Health Information Systems

CHNA: Community Health Needs Assessment

CHOs: Community Health Officers

CHV: Community health workers

cMPDSR: Community Maternal and perinatal death surveillance and

response

CR: Core Competency

DDT: Dichloro-Diphenyl-Trichloroethane

ELISA: Enzyme-Linked Immunosorbent Assay

EMCA: Environmental Management Co-ordination Act

EMS: Environmental Management Systems

ENT: Ear, Nose and Throat

HE: Health

HSC Health Science

HIV: Human Immunodeficiency Virus

ICCM: Integrated Community Case Management

ICT: Information communication technology

IDSR: Integrated Disease Surveillance and Response

KHIS: Kenya Health Information System

KNP: Kisii National Polytechnic

KMHFL: Kenya Master Health Facility Listing

LLITNs: Long-Lasting Insecticide Treated Nets

LSD: Lysergic Acid Diethylamide

MCUL: Master Community Unit Listing

MHPSS: Mental Health and Psycho-social Support

MOH: Ministry of Health

MCH:

NEMA: National Environment Management Authority

Maternal and Child Health

ORS: Oral Rehydration Salts

OS: Occupational Standards

OSH: Occupational Safety and Health

PHOs: Public Health Officers

PMTCT: Prevention of Mother-To-Child Transmission

PRC: Post Rape Care

RDT: Rapid Diagnostic Tests

SA: Summary Assessment

SGBV: Sexual Gender Based Violence

SOPs: Standard Operating Procedures

STI's: Sexually Transmitted Diseases

TB: Tuberculosis

TVET: Technical and Vocational Education and Training

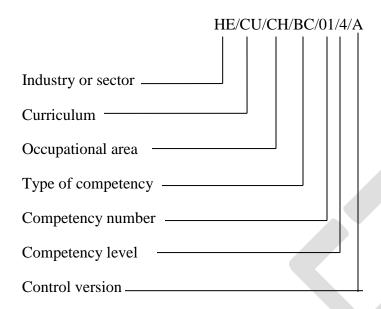
UHC: Universal Health Coverage

UTI's: Urinary Tract Infections

WASH- Water sanitation and hygiene

WIT: Work Improvement Team

# **KEY TO UNIT CODE**



# **COURSE OVERVIEW**

The units of competency comprising Community Health Level 4 qualification include the following:

# **Basic Units of Learning**

Unit Code	Unit Title	Duration	Credit
		in Hours	factor
HE/CU/CH/BC/01/4/A	Communication skills	20	2
HE/CU/CH/BC/02/4/A	Numeracy skills	25	2.5
HE/CU/CH/BC/03/4/A	Digital literacy	35	3.5
HE/CU/CH/BC/04/4/A	Entrepreneurial skills	60	6
HE/CU/CH/BC/05/4/A	Employability skills	30	3
HE/CU/CH/BC/06/4/A	Environmental literacy	20	2
HE/CU/CH/BC/07/4/A	Occupational safety and health	20	2
	practices		
	Total	210	21

# **Common Units of Learning**

Unit Code	Unit Title	Duration	Credit
		in Hours	factor
HE/CU/CH/CC/01/4/A	Nutrition in community health	50	5
HE/CU/CH/CC/02/4/A	Epidemiology in community	50	5
	health works		
HE/CU/CH/CC/03/4/A	Human anatomy and	50	5
	physiology		
HE/CU/CH/CC/04/4/A	Microbiology and parasitology	50	5
	in community health		
Total		200	20

### **Core Units of Learning**

Unit Code	Unit Title	Duration	Credit
		in Hours	factor
HE/CU/CH/CR/01/4/A	Community health care	80	8
HE/CU/CH/CR/02/4/A	Community-based health care	80	8
HE/CU/CH/CR/03/4/A	Community health information systems	80	8
HE/CU/CH/CR/04/4/A	Community health linkages	80	8
HE/CU/CH/CR/05/4/A	Community health Services strategies	80	8
HE/CU/CH/CR/06/4/A	Gender, disability and vulnerable groups	80	8
	Industrial attachment	300	30
	Total	780	78
(	Grand total	1190	119

The total duration of the course for an average trainee is 1190 hours including 300 hours (10 weeks) of field attachment

# **Entry Requirements**

An individual entering this course should have any of the following minimum requirements:

a) Kenya Certificate of Secondary Education (KCSE), Minimum D Plain

#### Or

b) Equivalent qualifications as determined by Kisii National Polytechnic (KNP)

#### Field attachment

An individual enrolled in this course will undergo a field attachment for a period of 10 weeks in a Community Health Unit.

#### Assessment

The course will be assessed at two levels:

- a) Internal assessment: conducted continuously by the trainer (internal assessor) who is monitored by an accredited internal verifier.
- **b)** External assessment: conducted by an accredited external assessor who is monitored by an accredited external verifier.

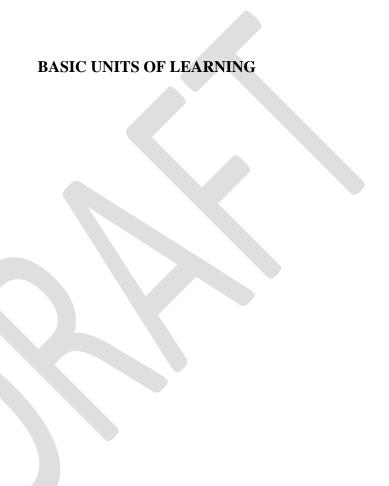
The assessors and verifiers are accredited by TVET which also coordinates external assessment.

#### Certification

An individual will be awarded a Certificate of Competency on demonstration of competence in a unit of competency. To be awarded Certificate in Community Health Certificate Level 4, an individual must demonstrate competence in all the units of competency.

These certificates will be awarded by The Kisii National Polytechnic.





#### **COMMUNICATION SKILLS**

UNIT CODE: HE/CU/CH/BC/01/4/A

### Relationship to Occupational Standards

This unit addresses the unit of competency: Demonstrate communication skills

**Duration of Unit:** 20 Hours

# **Unit Description**

This unit describes the competencies required to lead in the dissemination and discussion of ideas, information and issues in the workplace.

### **Summary of Learning Outcomes**

- 1. Obtain and convey workplace information
- 2. Complete relevant work-related documents
- 3. Communicate information about workplace processes
- 4. Lead workplace discussion
- 5. Identify and communicate issues arising in the workplace

<b>Learning Outcome</b>	Content	Suggested
		<b>Assessment Methods</b>
Obtain and convey	Communication process	Observation
workplace	Modes of communication	• Interview
information	Medium of communication	Third party
	Effective communication	reports
	Barriers to communication	
	Flow of communication	
	Sources of information	
	Types of questions	
	Organizational policies	
	Workplace etiquette	
	Ethical work practices in	
	handling communication	
2. Complete relevant	Types and purposes of	Observation
work-related	workplace documents and	• Interview
documents	forms	Third party
	Methods used in filling forms	reports
	and documents	

3. Communicate information about workplace processes	<ul> <li>Recording workplace data</li> <li>Process of distributing workplace forms and documents</li> <li>Report writing</li> <li>Types of workplace reports</li> <li>Communication process</li> <li>Modes of communication</li> <li>Medium of communication</li> <li>Effective communication</li> <li>Barriers to communication</li> <li>Flow of communication</li> <li>Sources of information</li> <li>Organizational policies</li> <li>Organization requirements for written and electronic communication methods</li> <li>Report writing</li> <li>Effective questioning techniques (clarifying and probing)</li> <li>Workplace etiquette</li> <li>Ethical work practices in handling communication</li> </ul>	<ul> <li>Observation</li> <li>Interview</li> <li>Portfolio</li> </ul>
4. Lead workplace	Methods of discussion e.g.	Observation
discussion	✓ Coordination meetings	Interview     Third party
	✓ Toolbox discussion	Third party reports
	✓ Peer-to-peer	Терогь
	discussion	
	Solicitation of response	
5. Identify and	Identification of problems and	Observation
communicate issues	issues	• Interview
arising in the workplace	Organizing information on  problems and issues.	Portfolio
workplace	<ul><li>problems and issues</li><li>Relating problems and issues</li></ul>	
	Communication barriers	
	affecting workplace discussions	
		1

- Discussion
- Role play
- Brainstorming

- Desktop computers/laptops
- Internet connection
- Projectors
- Telephone
- Report writing templates

#### NUMERACY SKILLS

UNIT CODE: HE/CU/CH/BC/02/4/A

### **Relationship to Occupational Standards:**

This unit addresses the unit of competency: Demonstrate numeracy skills

**Duration of Unit: 25 hours** 

#### **Unit Description**

This unit describes the competencies required by a worker in order to competently Identify and use whole numbers and simple fractions, decimals and percentages; Identify, measure and estimate familiar quantities for work, Read and use familiar maps, plans and diagrams for work, Identify and describe common 2D and some 3D shapes for work, construct simple tables and graphs for work using familiar data, Identify and interpret information in familiar tables, graphs and charts for work.

### **Summary of Learning Outcomes**

- 1. Identify and use whole numbers and simple fractions, decimals and percentages for work
- 2. Identify, measure and estimate familiar quantities for work
- 3. Read and use familiar maps, plans and diagrams for work
- 4. Identify and describe common 2D and some 3D shapes for work
- 5. Construct simple tables and graphs for work using familiar data
- 6. Identify and interpret information in familiar tables, graphs and charts for work

<b>Learning Outcome</b>	Content	Suggested
		Assessment
		Methods
1. Identify and use	Whole numbers	<ul> <li>Oral</li> </ul>
whole numbers	Simple fractions	<ul> <li>Written</li> </ul>
and simple	<ul> <li>Decimals</li> </ul>	<ul> <li>Practical test</li> </ul>
fractions, decimals	<ul> <li>Percentages</li> </ul>	<ul> <li>Observation</li> </ul>
and percentages	• Sizes	
for work	Problem solving methods	
	<ul> <li>calculations using the</li> </ul>	
	4 operations	

	D 11 1	
	<ul> <li>Recording and communicating numerical information</li> </ul>	
2. Identify, measure and estimate familiar quantities for work	<ul> <li>Measurement information</li> <li>Units of measurement</li> <li>Estimate familiar and simple amounts</li> <li>Selection of appropriate measuring equipment</li> <li>Calculate using familiar units of measurement</li> <li>Check measurements and results against estimates</li> <li>Using informal and some formal mathematical and general language</li> <li>Record or report results</li> </ul>	<ul> <li>Oral</li> <li>Written</li> <li>Practical test</li> <li>Observation</li> </ul>
3. Read and use familiar maps, plans and diagrams for work	<ul> <li>Maps, plans and diagrams</li> <li>Locate items and places in familiar maps, plans and diagrams</li> <li>Recognize common symbols and keys in familiar maps, plans and diagrams</li> <li>Direction and location of objects, or route or places</li> <li>Use of informal and some formal oral mathematical language and symbols</li> </ul>	<ul> <li>Oral</li> <li>Written</li> <li>Practical test</li> <li>Observation</li> </ul>
4. Identify and describe common 2D and some 3D shapes for work	<ul> <li>Common 2D shapes and 3D shapes</li> <li>Classification of common 2D shapes and designs</li> <li>Description of Use informal and some formal language to describe common two-dimensional</li> </ul>	<ul><li>Oral</li><li>Written</li><li>Practical test</li><li>Observation</li></ul>

5. Construct simple tables and graphs for work using familiar data	shapes and some common three-dimensional shapes	<ul> <li>Oral</li> <li>Written</li> <li>Practical test</li> <li>Observation</li> </ul>
6 Identify and interpret	general language	• Orol
6. Identify and interpret information in familiar tables, graphs and charts for work	<ul> <li>Tables construction and labeling</li> <li>i.e. title, headings, rows and columns</li> <li>Interpreting information and data in simple tables</li> <li>Relaying information of relevant workplace tasks on/in a table</li> <li>Identify familiar graphs and charts in familiar texts and contexts</li> <li>Locate title, labels, axes, scale and key from familiar graphs and charts</li> </ul>	<ul> <li>Oral</li> <li>Written</li> <li>Practical test</li> <li>Observation</li> </ul>

Identify and interpret
information and data in
familiar graphs and charts
Relate information to
relevant workplace tasks

- Instructor led facilitation of theory
- Practical demonstration of tasks by trainer
- Practice by trainees/ role play
- Discussion
- Observations and comments and corrections by trainers

- Standard operating and/or other workplace procedures manuals
- Specific job procedures manuals
- Mathematical tables

#### DIGITAL LITERACY

UNIT CODE: HE/CU/CH/BC/03/4/A

### **Relationship to Occupational Standards**

This unit addresses the unit of competency: Demonstrate digital literacy

**Duration of Unit:** 35 hours

# **Unit Description**

This unit covers the competencies required to effectively demonstrate digital literacy in a working environment. It entails identifying and using digital devices such as smartphones, tablets, laptops and desktop PCs for purposes of communication and performing work related tasks at the work place.

### **Summary of Learning Outcomes**

- 1. Identify computer hardware and software
- 2. Apply security measures to data, hardware and software
- 3. Apply computer software in solving tasks
- 4. Apply internet and email in communication at workplace

<b>Learning Outcome</b>	Content	Suggested
		<b>Assessment Methods</b>
1. Identify computer	Meaning of a computer	• Written
hardware and	<ul> <li>Functions of a computer</li> </ul>	• Oral
software	<ul> <li>Components of a computer</li> </ul>	<ul> <li>Observation</li> </ul>
	Classification of computers	
2. Apply security	Data security and control	Written tests
measures to data,	Security threats and control	Oral presentation
hardware and	measures	<ul> <li>Observation</li> </ul>
software	Types of computer crimes	<ul> <li>Projects</li> </ul>
	Detection and protection	
	against computer crimes	
3. Apply computer	Operating system	Oral questioning
software in solving	Word processing	<ul> <li>Observation</li> </ul>
tasks	Spread sheets	• Project
	Data base	

4.	Apply internet and
	email in
	communication at
	workplace

- Computer networks
- Uses of internet
- Electronic mail (e-mail) concept
- Oral questioning
- Observation
- Oral presentation
- Written report

- Instructor led facilitation of theory
- Demonstration by trainer
- Practical work by trainee
- Viewing of related videos
- Project
- Group discussions

- Desk top computers
- Laptop computers
- Other digital devices
- Printers
- Storage devices
- Internet access
- Computer software

#### ENTREPRENEURIAL SKILLS

# UNIT CODE:HE/CU/CH/BC/04/4/A

# Relationship to occupational standards

This unit addresses the unit of competency: Demonstrate entrepreneurial skills

**Duration of unit:** 60 hours

#### **Unit description**

This unit describes the competencies critical to demonstration of entrepreneurial skills. It includes creating and maintaining small scale business, establishing small scale business customer base, managing and growing a small business.

# **Summary of Learning Outcomes**

- 1. Create and maintain small scale business
- 2. Establish small scale business customer base
- 3. Manage small scale business
- 4. Grow/ expand small scale business

	arming Outcomes, Content and Suggested Assessment Victious		
<b>Learning Outcome</b>	Content	Suggested Assessment	
		Methods	
1. Create and maintain small scale business	<ul> <li>History, development and importance of entrepreneurship</li> <li>Common terminologies in entrepreneurship</li> <li>Myths associated with entrepreneurship</li> <li>Entrepreneurial culture</li> <li>Theories of entrepreneurship</li> <li>Types, characteristics, qualities &amp; role of entrepreneurs</li> <li>Starting a small business</li> <li>Legal regulatory requirements in starting a small business</li> </ul>	<ul> <li>Observation</li> <li>Case studies</li> <li>Individual/group assignments</li> <li>projects</li> <li>Written</li> <li>Oral</li> </ul>	

	<ul> <li>Generation and evaluation of business ideas</li> <li>Matching competencies with business opportunities</li> <li>Forms of business ownership</li> <li>Location of a small business</li> <li>Legal and regulatory requirement</li> <li>Resources required to start a small business</li> <li>Entrepreneurship in national development</li> <li>Self-employment</li> <li>Formal and informal employment</li> <li>Quality assurance for small businesses</li> <li>Policies and procedures on occupational safety and health and environmental</li> </ul>	
	<ul> <li>SWOT/ PESTEL analysis</li> <li>Conducting market/industry survey</li> </ul>	
2. Establish small scale business customer base	<ul> <li>Good staff/workers and customer relations</li> <li>Marketing strategy</li> <li>Identifying and maintain new customers and markets</li> <li>Product/ service promotions</li> <li>Products / services diversification</li> <li>SWOT / PESTEL analysis</li> </ul>	<ul> <li>Observation</li> <li>Case studies</li> <li>Individual/group assignments</li> <li>projects</li> <li>Written</li> <li>Oral</li> </ul>

3. Manage small scale business  4. Grow/expand	<ul> <li>Conducting a business survey</li> <li>Generating Business ideas</li> <li>Business opportunities</li> <li>Organization of a small business</li> <li>Small business' business plan</li> <li>Marketing for small businesses</li> <li>Managing finances for small business</li> <li>Production/ operation process for goods/services</li> <li>Small business records management</li> <li>Book keeping and auditing for small businesses</li> <li>Business support services</li> <li>Small business resources mobilization and utilization</li> <li>Basic business social responsibility</li> <li>Management of small business</li> <li>Word processing concepts in small business</li> <li>Word processing concepts in small business management</li> <li>Computer application software</li> <li>Monitoring and controlling business operations</li> <li>Methods of growing small</li> </ul>	<ul> <li>Oral</li> <li>Observation</li> <li>Case studies</li> <li>Individual/group assignments</li> <li>projects</li> <li>Written</li> </ul>
small scale business	<ul> <li>business</li> <li>Resources for growing small business</li> <li>Small business growth plan</li> </ul>	<ul> <li>Case studies</li> <li>Individual/group assignments</li> <li>projects</li> <li>Written</li> </ul>

•	Computer software in	
	business development	
•	ICT and business growth	

- Instructor led facilitation of theory
- Demonstration by trainer
- Practice by trainee
- Role play
- Case study

- Case studies for small businesses
- Business plan templates
- Lap top/ desk top computer
- Internet
- Telephone
- Writing materials

#### **EMPLOYABILITY SKILLS**

UNIT CODE: HE/CU/CH/BC/05/4/A

# **Relationship to Occupational Standards**

This unit addresses the Unit of Competency: Demonstrate employability skills

**Duration of Unit: 30 hours** 

**Unit Description** 

This unit covers competencies required to demonstrate employability skills. It involves conducting self-management, demonstrating critical safe work habits, demonstrating workplace learning and workplace ethics.

### **Summary of Learning Outcomes**

- 1. Conduct self-management
- 2. Demonstrate critical safe work habits
- 3. Demonstrate workplace learning
- 4. Demonstrate workplace ethics

<b>Learning Outcome</b>	Content	Suggested Assessment Methods
1. Conduct self-management	<ul> <li>Self-awareness</li> <li>Formulating personal vision, mission and goals</li> <li>Strategies for overcoming life challenges</li> <li>Emotional intelligence</li> <li>Assertiveness</li> <li>Expressing personal thoughts, feelings and beliefs</li> <li>Developing and maintaining high self-esteem</li> <li>Developing and maintaining positive self-image</li> <li>Articulating ideas and aspirations</li> <li>Accountability and responsibility</li> <li>Good work habits</li> </ul>	<ul> <li>Assessment Methods</li> <li>Observation</li> <li>Written</li> <li>Oral interview</li> <li>Third party report</li> </ul>
	Self-awareness	

	0.10.1 1	
	Self-development	
	Financial literacy	
	Healthy lifestyle practices	
2. Demonstrate	Stress and stress management	<ul> <li>Observation</li> </ul>
critical safe work	Punctuality and time	• Written
habits	consciousness	Oral interview
	Interpersonal communication	• Third party report
	Sharing information	
	Leisure	
	<ul> <li>Integrating personal objectives</li> </ul>	
	into organizational objectives	
	Resources utilization	
	Setting work priorities	
	HIV and AIDS	
	Drug and substance abuse	
	Handling emerging issues	
3. Demonstrate	Personal training needs	Observation
workplace	identification and assessment	Oral interview
learning	Managing own learning	Written
	Contributing to the learning	Third party report
	community at the workplace	
	Cultural aspects of work	
	<ul> <li>Variety of learning context</li> </ul>	
	Application of learning	
	Safe use of technology	
	Identifying opportunities	
	Workplace innovation	
	Performance improvement	
	Handling emerging issues	
	• Future trends and concerns in	
	learning	
4. Demonstrate	Meaning of ethics	Observation
workplace ethics	Ethical perspectives	Oral interview
	Principles of ethics	• Written
	Values and beliefs	Third party report
	Ethical standards	
	Organization code of ethics	
	Common ethical dilemmas	
		1

- Organization culture
- Corruption, bribery and conflict of interest
- Privacy and data protection
- Diversity, harassment and mutual respect
- Financial responsibility/accountability
- Etiquette
- Personal and professional integrity
- Commitment to jurisdictional laws
- Emerging issues in ethics

# **Suggested Methods of Delivery**

- Instructor lead facilitation of theory
- Demonstrations
- Simulation/Role play
- Group Discussion
- Presentations
- Projects
- Case studies
- Assignments

## **Recommended Resources**

- Computers
- Stationery
- Charts
- Video clips
- Audio tapes
- Radio sets
- TV sets
- LCD projectors

# **ENVIRONMENTAL LITERACY**

UNIT CODE: HE/CU/CH/BC/06/4/A

### **Relationship to Occupational Standards**

This unit addresses the unit of competency: Demonstrate environmental literacy

**Duration of Unit: 20 hours** 

# **Unit Description**

This unit describes the competencies required to control environmental hazard, control environmental pollution, comply with workplace sustainable resource use and evaluate current practices in relation to resource usage.

# **Summary of Learning Outcomes**

- 1. Control environmental hazard
- 2. Control environmental Pollution
- 3. Demonstrate sustainable resource use
- 4. Evaluate current practices in relation to resource usage

Dear ining Outcomes, Content at	iu Suggesteu Assessment Methous	
Learning Outcome	Content	Suggested Assessment Methods
Control environmental hazard	<ul> <li>Purposes and content of         Environmental Management         and Coordination Act 1999</li> <li>Purposes and content of Solid         Waste Act</li> <li>Storage methods for         environmentally hazardous         materials</li> <li>Disposal methods of hazardous         wastes</li> <li>Types and uses of PPE in line         with environmental regulations</li> <li>Occupational Safety and Health         Standards (OSHS)</li> </ul>	<ul> <li>Written questions</li> <li>Oral questions</li> <li>Observation of work procedures</li> </ul>
2. Control environmental Pollutionssss	<ul> <li>Types of pollution</li> <li>Environmental pollution control measures</li> <li>Types of solid wastes</li> <li>Procedures for solid waste management</li> </ul>	<ul><li>Written questions</li><li>Oral questions</li></ul>

3. Demonstrate sustainable resource use	<ul> <li>Different types of noise pollution</li> <li>Methods for minimizing noise pollution</li> <li>Types of resources</li> <li>Techniques in measuring current usage of resources</li> <li>Calculating current usage of resources</li> <li>Methods for minimizing wastage</li> <li>Waste management procedures</li> <li>Principles of 3Rs (Reduce, Reuse, Recycle)</li> <li>Methods for economizing or reducing resource consumption</li> </ul>	<ul> <li>Observation of work procedures</li> <li>Role play</li> <li>Written questions</li> <li>Oral questions</li> <li>Observation of work procedures</li> <li>Role play</li> </ul>
4. Evaluate current practices in relation to resource usage	<ul> <li>Collection of information on environmental and resource efficiency systems and procedures,</li> <li>Measurement and recording of current resource usage</li> <li>Analysis and recording of current purchasing strategies.</li> <li>Analysis of current work processes to access information and data</li> <li>Identification of areas for improvement</li> </ul>	<ul> <li>Written questions</li> <li>Oral questions</li> <li>Observation of work procedures</li> <li>Role play</li> </ul>
5. Identify Environmental legislations/conventions for environmental concerns	<ul> <li>Environmental issues/concerns</li> <li>Environmental legislations         /conventions and local         ordinances</li> <li>Industrial standard         /environmental practices</li> <li>International Environmental         Protocols (Montreal, Kyoto)</li> <li>Features of an environmental         strategy</li> </ul>	<ul> <li>Written questions</li> <li>Oral questions</li> <li>Observation of work procedures</li> </ul>

- Instructor led facilitation of theory
- Practical demonstration of tasks by trainer
- Practice by trainees/ role play
- Discussion
- Observations and comments and corrections by trainers

- Standard operating and/or other workplace procedures manuals
- Specific job procedures manuals
- Solid Waste Act
- Environmental Management and Coordination Act 1999
- Machine/equipment manufacturer's specifications and instructions
- Personal Protective Equipment (PPE)

#### OCCUPATIONAL SAFETY AND HEALTH PRACTICES

UNIT CODE: HE/CU/CH/BC/07/4/A

### **Relationship to Occupational Standards**

This unit addresses the unit of competency: Demonstrate Safety and Health Practices

**Duration of Unit:** 20 hours

# **Unit Description**

This unit describes the competencies required to practice safety and health and comply with OSH requirements relevant to work.

### **Summary of Learning Outcomes**

- 1. Observe workplace procedures for hazards and risk prevention
- 2. Participate in arrangements for workplace safety and health maintenance

<b>Learning Outcome</b>	Content	Suggested Assessment
		Methods
1. Observe workplace procedures for hazards and risk prevention	<ul> <li>Arrangement of work area and items in accordance with Company housekeeping procedures</li> <li>Adherence to work standards and procedures</li> <li>Application of preventive and control measures, including use of safety gears/PPE</li> <li>Study and apply standards and procedures for incidents and emergencies.</li> </ul>	<ul> <li>Oral questions</li> <li>Written questions</li> <li>Observation of work procedures</li> </ul>
2. Participate in arrangements for workplace safety and health maintenance	<ul> <li>Participating in orientations on OSH requirements/regulations of tasks</li> <li>Providing feedback on health, safety, and security concerns to appropriate personnel as required in a sufficiently detailed manner</li> </ul>	<ul> <li>Oral questions</li> <li>Written tests</li> <li>Practical test</li> <li>Observation of practical work by trainees</li> </ul>

- Practice workplace procedures for reporting hazards, incidents, injuries and sickness
- OSH requirements/ regulations and workplace safety and hazard control procedures are reviewed, and compliance reported to appropriate personnel
- Identification of needed OSHrelated trainings are proposed to appropriate personnel

- Instructor led facilitation of theory
- Practical demonstration of tasks by trainer
- Practice by trainees/ role play
- Discussion
- Observations and comments and corrections by trainers

- Standard operating and/or other workplace procedures manuals
- Specific job procedures manuals
- Machine/equipment manufacturer's specifications and instructions
- Personal Protective Equipment (PPE) e.g.
  - Mask
  - Face mask/shield
  - Safety bootsn
  - Safety harness
  - Arm/Hand guard, gloves
  - Eye protection (goggles, shield)
  - Hearing protection (ear muffs, ear plugs)
  - Hair Net/cap/bonnet
  - Hard hat
  - Face protection (mask, shield)
  - Apron/Gown/coverall/jump suit
  - Anti-static suits
  - High-visibility reflective vest

# **COMMON UNITS OF LEARNING**

#### NUTRITION IN COMMUNITY HEALTH

UNIT CODE: HE/CU/CH/CC/01/4/A

# **Relationship to Occupational Standards**

This unit addresses the unit of competency: Apply nutrition in community health

**Duration of Unit: 50 hours** 

### **Unit Description**

This unit specifies the competencies required to apply nutrition in community health. It involves assessing food nutrition and security, applying nutrition in human development and applying nutrition assessment, screening and referrals.

# **Summary of Learning Outcomes**

- 1. Assess food nutrition and security
- 2. Apply nutrition in Human development
- 3. Apply nutrition assessment, screening and referrals

Learning	Content Suggested Assess	
Outcome		Methods
1 Assess food nutrition and security	<ul> <li>□ Definition of terms and importance of food security and nutrition</li> <li>□ Indicators and levels of food security</li> <li>□ Determinants of food security</li> <li>□ Food security interventions         <ul> <li>○ Localization of food nutrients</li> <li>○ Food fortification</li> </ul> </li> <li>□ Roles of stakeholders in food security</li> <li>□ Emerging issues and trends in food and nutrition security</li> <li>□ Policies</li> </ul>	☐ Observation ☐ Oral questioning ☐ Written tests ☐
2 Apply	☐ Definition of terms	Oral questioning
nutrition in	☐ Determination of nutrition in	☐ Practical tests
	human development	☐ Observation

Human	☐ Factors affecting human
development	nutritional needs
	☐ Identification of vulnerable
	groups in food nutrition
	o Children
	<ul> <li>Pregnant women</li> </ul>
	<ul> <li>Lactating mothers</li> </ul>
	o Geriatrics
	o Adolescents
	<ul> <li>High Impact Nutrition</li> </ul>
	Intervention
	o Integrated
	management of acute
	malnutrition
	Maternal Infant
	Young Child Nutrition
3 Apply	☐ Definition of terms ☐ Observation
nutrition in	☐ Identification and assessment ☐ Practical tests
disease	of nutrition related conditions
management	<ul> <li>Anthropometric</li> </ul>
	measures
	<ul> <li>Weighing scale</li> </ul>
	Mid Upper Arm
	Circumference tape
	Circumerence tape
	<ul><li>Height board</li></ul>
	<ul> <li>Height board</li> </ul>
	<ul> <li>Height board</li> <li>Determination of therapeutic</li> </ul>
	<ul> <li>Height board</li> <li>Determination of therapeutic nutrition requirements</li> </ul>
	<ul> <li>Height board</li> <li>Determination of therapeutic nutrition requirements</li> <li>Supplements</li> </ul>
	<ul> <li>Height board</li> <li>Determination of therapeutic nutrition requirements</li> <li>Supplements</li> <li>Identification of nutrition care</li> </ul>

- Demonstration by trainer
- Field work
- Relevant video shows
- Group discussions
- Projects

# **Recommended Resources**

- Documented data on nutrition
- Computers and internet connectivity
- Stationery
- Presentation charts
- Flip charts
- Standard manuals
- Food plates
- Food basket
- Anthropometric measurements

#### EPIDEMIOLOGY IN COMMUNITY HEALTH

UNIT CODE: HE/CU/CH/CC/02/4/A

## **Relationship to Occupational Standards**

This unit addresses the unit of competency: apply epidemiology in community health.

**Duration of Unit: 50 hours** 

# **Unit Description**

This unit specifies the competencies required to apply epidemiology in community health. It involves conducting disease surveillance, monitoring disease occurrence and utilizing epidemiology data.

# **Summary of Learning Outcomes**

- 1 Conduct disease surveillance
- 2 Monitor disease occurrence
- 3 Utilize epidemiology data

<b>Learning Outcome</b>	Content	Suggested
		Assessment Methods
		Withous
1 Conduct disease	☐ Concepts of disease surveillance	☐ Written tests
surveillance	<ul> <li>Epidemiology</li> </ul>	☐ Oral
	<ul> <li>Disease surveillance</li> </ul>	☐ Practical/Projects
	<ul> <li>Frequency measures</li> </ul>	
	<ul> <li>Mortality</li> </ul>	
	o Epidemic	
	o Endemic	
	☐ Planning disease surveillance	
	system	
	☐ Identification of data collection	
	methods	
	☐ Carrying out disease surveillance	
	<ul> <li>Disease surveillance</li> </ul>	
	systems in Kenya	
	☐ Preparation and dissemination of	
	disease surveillance report	
2 Monitor disease	☐ Notification of disease	☐ Written tests
occurrence	occurrences	☐ Oral
	☐ Planning for disease surveillance	☐ Practical/Projects
	☐ Notifiable diseases in Kenya	

		Reporting and referral of cases		
3	Utilize	Community health diagnosis		Written tests
	epidemiology data	<ul> <li>Steps in community</li> </ul>		Oral
	1 07	health diagnosis		Practical/Projects
		Determination and control of		
		community diseases		
		☐ Determination of acceptable health		
		interventions		

# **Suggested Delivery Methods**

- Demonstration by trainer
- Practical work by trainee
- Demonstration videos
- Projects
- Group discussions

### **Recommended Resources**

- Computers
- Flip charts
- Relevant manuals
- MOH Reporting tools (MOH 505 IDSR Weekly Epindemic Monitoring form).
- Past publications on epidemiology
- Analysis software

#### HUMAN ANATOMY AND PHYSIOLOGY

UNIT CODE: HE/CU/CH/CC/03/4/A

#### **Relationship to Occupational Standards**

This unit addresses the unit of competency: Apply human anatomy and physiology in community health works

**Duration of Unit:** 50 Hours

### **Unit Description**

This unit specifies the competencies required to apply human anatomy and physiology in community health works. It involves categorizing human body systems, determining common disorders of human body systems and applying human anatomy in primary health care

# **Summary of Learning Outcomes**

- 1 Categorize human body systems
- 2 Determine common disorders of human body systems
- 3 Apply human anatomy in primary health care

<b>Learning Outcome</b>	Content	Suggested	
		<b>Assessment Methods</b>	
1. Categorize human	☐ Definition of terms	☐ Written tests	
body systems	☐ Identification of human body	☐ Oral	
	systems	☐ Practical	
	☐ Structure of human body	tests/Project	
	systems		
	☐ Functions of human body		
	systems		
2. Determine common	☐ Definition of terms	☐ Written tests	
disorders of human	☐ Identification and categorization	☐ Oral	
body systems	of human disorders	☐ Practical	
	☐ Identification of emerging	tests/Project	
	issues		
3. Apply human	☐ Definition of terms	☐ Written tests	
anatomy in primary	☐ Identification of common	☐ Oral	
health care	diseases	☐ Practical	
	☐ Making referrals	tests/Project	

Referral structure	

# **Suggested Delivery Methods**

- Demonstration by trainer
- Practical work by trainee
- Demonstration videos
- Projects
- Trainee group discussions

# **Recommended Resources**

- Computer
- Laboratory equipment and apparatus
- Laboratory facility
- Dummies/ cadavers
- Stationery
- First aid kit
- Overalls
- Flip charts
- Internet connectivity
- Referral tools
- Gloves

#### MICROBIOLOGY AND PARASITOLOGY IN COMMUNITY HEALTH

UNIT CODE: HE/CU/CH/CC/04/4/A

#### **Relationship to Occupational Standards**

This unit addresses the unit of competency: Apply microbiology and parasitology in community health

**Duration of Unit: 50 Hours** 

#### **Unit Description**

This unit specifies the competencies required to apply microbiology and parasitology in community health. It involves identifying common parasites and microbes, determining life cycle of microbes and parasites and determining microbial and parasitic diseases. It also includes applying parasitology and microbiology in disease prevention and control.

# **Summary of Learning Outcomes**

- 1 Identify common parasites and microbes
- 2 Determine life cycle of microbes and parasites
- 3 Determine microbial and parasitic diseases
- 4 Apply parasitology and microbiology in disease prevention and control

<b>Learning Outcome</b>	Content	Suggested
		Assessment
		Methods
1 Identify common	☐ Definition of terms	☐ Written tests
parasites and	☐ Types of human parasites	☐ Oral
microbes	☐ Identification of parasites and	☐ Practical
	microbe's hosts	tests/Project
	☐ Classification of parasites and	
	microbes	
2 Determine life cycle	☐ Definition of terms	☐ Written tests
of microbes and	☐ Identification of sites of hosts	☐ Oral
parasites	for parasites and microbes	☐ Practical
	☐ Determination of conditions of	tests/Project
	microbial growth	

3	Determine microbial		Common types of microbial	Written tests
	and parasitic		and parasitic diseases	Oral
	diseases		Determination of signs and	Practical
			symptoms of microbial and	tests/Project
			parasitic diseases	
			Identification of disease-	
			causing organisms	
			Modes of disease transmission	
			Risk factors in disease	
			transmission	
4	Apply parasitology		Disease prevention and control	Written tests
	and microbiology in		measures	Oral
	disease prevention		Determination of disease	Practical
	and control findings		incidence and prevalence	tests/Project

# **Suggested Delivery Methods**

- Demonstration by trainer
- Practical work by trainee
- Demonstration videos
- Projects
- Trainee group discussions

### **Recommended Resources**

- Computer
- Laboratory testing apparatus and equipment
- Laboratory facility
- Stationery
- PPE
  - o Safety boots
  - o Goggles
  - Dust coats
  - First aid kit
  - Overalls

# CORE UNITS OF LEARNING

#### **COMMUNITY HEALTH CARE**

UNIT CODE: HE/CU/CH/CR/01/4/A

#### **Relationship to Occupational Standards**

This unit addresses the Unit of Competency: monitor community health care

**Duration of Unit:** 80 Hours

#### **Unit Description**

This unit specifies the competencies required to provide community health care. It involves planning for community health education, conducting community health education, managing common ailments and minor injuries, carrying out community disease surveillance and managing essential drugs and supplies for CHW kits. It also entails managing maternal, new born, child health and adolescent health and monitoring Water, Sanitation and Hygiene (WASH) practices.

## **Summary of Learning Outcomes**

- 1. Plan for community health education
- 2. Conduct community health education
- 3. Manage common ailments and minor injuries
- 4. Carry out community disease surveillance
- 5. Manage essential drugs and supplies for CHW kits
- 6. Manage maternal, new born, child and adolescent health
- 7. Monitor Water, Sanitation and Hygiene (WASH) practices

Ecarming Outcomes, content and Suggested Assessment Methods							
Learning	Outcome	Content	Suggested Assessment Methods				
	or community education	<ul> <li>Concepts and principles of primary health care         <ul> <li>Definitions</li> <li>Community entry process</li> <li>Identification of geographical area</li> </ul> </li> <li>Community entry         <ul> <li>Identification and briefing of local authorities, health management and providers</li> <li>Household health needs</li> </ul> </li> </ul>	<ul> <li>□ Written tests</li> <li>□ Observation</li> <li>□ Case study</li> <li>□ Oral questions</li> <li>□ Third party report</li> <li>□ Teach back methods</li> </ul>				
		assessment					

		<ul> <li>Identification and</li> </ul>	
		documentation of	
		training needs	
		<ul> <li>Identification of target</li> </ul>	
		population and	
		geographical area	
		<ul> <li>Identification and</li> </ul>	
		preparation of training	
		tools and materials	
2	Conduct community	o Determination and sharing of	☐ Written tests
	health education	community health education	
		objectives	☐ Observation
		o Identification and assigning of	☐ Oral questions
		roles and responsibilities	-
		<ul> <li>Distribution of training</li> </ul>	☐ Third party
		materials and tools	report
		<ul> <li>Conducting community health</li> </ul>	
		education	
		<ul> <li>Preparation and sharing of</li> </ul>	
		health education report	
3	Manage common	☐ Determination and location of	☐ Written tests
	ailments and minor	patients with common ailments	
	injuries	and minor injuries	☐ Observation
			☐ Oral questioning
		o Interpersonal	☐ Third party
		Communication	Purey
		☐ Screening of clients	report
		☐ Causes of common ailments	
		and injuries	
		and injuries  Disease management	
		and injuries ☐ Disease management ☐ Client referral	
		and injuries  ☐ Disease management ☐ Client referral ☐ Management methods of minor	
		and injuries  ☐ Disease management ☐ Client referral ☐ Management methods of minor injuries and illnesses	
		and injuries  ☐ Disease management ☐ Client referral ☐ Management methods of minor injuries and illnesses ☐ Psychosocial	
		and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural	
4	Committee	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors	
4	Carry out	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors  Determination of areas of	■ Written tests
4	community disease	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors  Determination of areas of interest in health sector	
4	•	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors  Determination of areas of interest in health sector  Notifiable diseases in	☐ Observation
4	community disease	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors  Determination of areas of interest in health sector  Notifiable diseases in Kenya	
4	community disease	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors  Determination of areas of interest in health sector  Notifiable diseases in Kenya  Determination of surveillance	☐ Observation
4	community disease	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors  Determination of areas of interest in health sector  Notifiable diseases in Kenya  Determination of surveillance systems objectives	<ul><li>☐ Observation</li><li>☐ Oral questions</li></ul>
4	community disease	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors  Determination of areas of interest in health sector  Notifiable diseases in Kenya  Determination of surveillance systems objectives  Implementation of surveillance	<ul><li>☐ Observation</li><li>☐ Oral questions</li><li>☐ Third party</li></ul>
4	community disease	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors  Determination of areas of interest in health sector  Notifiable diseases in Kenya  Determination of surveillance systems objectives  Implementation of surveillance systems	<ul><li>☐ Observation</li><li>☐ Oral questions</li><li>☐ Third party</li></ul>
4	community disease	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors  Determination of areas of interest in health sector  Notifiable diseases in Kenya  Determination of surveillance	<ul><li>☐ Observation</li><li>☐ Oral questions</li></ul>
4	community disease	and injuries  Disease management  Client referral  Management methods of minor injuries and illnesses  Psychosocial and cultural factors  Determination of areas of interest in health sector  Notifiable diseases in Kenya  Determination of surveillance systems objectives  Implementation of surveillance	<ul><li>☐ Observation</li><li>☐ Oral questions</li><li>☐ Third party</li></ul>

			Collection and analysis of		
			health data		
			Preparation and dissemination		
			of disease surveillance report		
			Determination of health status		
			and behaviour		
5	Manage essential		CHW Kits		Written tests
	drugs and supplies		o Essential drugs		01
	for CHW kits	ш	Forecasting	J	Observation
			o Determination and		Oral questions
			approximation of drugs		Third party
			and supplies for CHWs		report
		_	Preparation and maintenance of		Top off
			database of essential drugs and		
		П	supplies Identification and provision of		
		_	essential drugs and supplies		
			Utilization of essential drugs		
			and supplies		
			Type of drugs		
			• When, where and how		
			to use drugs		
			Maintenance of stock of		
			essential drugs and supplies		
			<ul> <li>Storage and safe</li> </ul>		
			disposal of essential		
			drugs		
			Community infection		
			prevention and control		
6	Manage maternal,		Identification of maternal, new		Written tests
	new born, child and		born, child and adolescent's		
	adolescent health		issues	J	Observation
			o Community Antenatal Care		Oral questions
			o Skilled delivery		Third party
			<ul><li>Immunization</li><li>Nutrition</li></ul>		report
			T '1 1 '		Top off
			<ul><li>Family planning</li><li>Youth friendly services</li></ul>		
			Identification and assessment of		
			mother and child handbook		
			health actions		
			Identification of areas for		
			improvement in maternal, new		
			born, child and adolescent		
			health		

	1			
		<ul> <li>Nurturing Care</li> </ul>		
		<ul> <li>Kangaroo Mother Care</li> </ul>		
		Community Maternal and		
		perinatal death surveillance and		
		response (CMPDSR)		
		ž ,		
		o Identification and		
		Notification of maternal		
		and perinatal deaths		
7 Monitor Water		Definition of terms		Written tests
Sanitation and		Water safety	_	Wilten tests
Hygiene (WASH)		<ul> <li>Importance of water</li> </ul>		Observation
practices		for health		Oral questions
r		<ul><li>Improving water</li></ul>		-
		quality in the		Third party
		community		report
		<ul> <li>Causes of water</li> </ul>		
		contamination		
		<ul> <li>Health problems</li> </ul>		
		caused by unsafe water		
		<ul><li>Water treatment</li></ul>		
		methods at household		
		level		
		o Safe water storage		
		Sumunon		
		<ul> <li>Components of</li> </ul>		
		sanitation		
		<ul> <li>Sanitation ladder</li> </ul>		
		<ul> <li>Community led total</li> </ul>		
		sanitation		
		<ul> <li>Health problems</li> </ul>		
		caused by poor		
		sanitation		
		<ul><li>Environmental</li></ul>		
		sanitation		
		Hygiene		
	-			
		<ul><li>Types of hygiene</li><li>Personal hygiene</li></ul>		
		• •		
		o Handwashing		
		<ul> <li>Home hygiene</li> </ul>		
		<ul><li>Food safety</li></ul>		
		<ul> <li>Menstrual management</li> </ul>		
		and hygiene		

• Direct instruction

- Project
- Case studies
- Group discussions
- Field trips /site visits
- Demonstration by trainer
- Practice by the trainees
- Industrial attachment
- Viewing of related videos

# **List of Recommended Resources:**

- Computers
- Standard manuals/SOPs
- Projectors
- Flip charts
- PPEs
- Training manuals
- Charts with presentations of data
- Internet
- Relevant videos
- Printers
- Drug supplies and materials for CHWs
- Mother and child booklet
- Maternal and Perinatal death notification forms
- MOH 519 (Community Verbal Autopsy form)
- Community health information system tools

#### **COMMUNITY-BASED HEALTH CARE**

UNIT CODE: HE/CU/CH/CR/02/4/A

#### Relationship to Occupational Standards

This unit addresses the Unit of Competency: conduct community-based health care

**Duration of Unit:** 80 hours

## **Unit Description**

This unit specifies the competencies required to conduct community-based health care. It involves performing community based-health care, managing HIV and TB prevalence and providing mental health and psychosocial support. It also includes childcare ICCM, management of malaria and zoonotic diseases, executing psycho-active drugs demand reduction strategies and managing non-communicable diseases.

#### **Summary of Learning Outcomes**

- 1. Perform community based-health care
- 2. Manage HIV and TB prevalence
- 3. Provide mental health and psychosocial support
- 4. Conduct integrated community case management (ICCM)
- 5. Manage malaria and zoonotic diseases
- 6. Execute psycho-active drugs demand reduction strategies
- 7. Manage non-communicable diseases

Le	arning Outcome	Co	ontent		Sugge Assess	sted sment Methods
1	Perform community		Definition	on of terms and key		Observation
	based-health care		concepts	s in community-based		Case studies
			health c	are		Oral
			Planning	g for community-based		Third party
			health c	are		report
			☐ Determination of community-			
			based health care services			
			0	Community health		
				service providers		
			0	Provision of		
				palliative care needs		
			0	Access to health		
				care services		
			0	Community referrals		

	<ul><li>Community disaster preparedness and management</li></ul>	
2 Manage HIV and	☐ Concepts of HIV	☐ Written tests
TB	<ul><li>Definition of HIV/AIDS</li></ul>	☐ Observation
	<ul> <li>Transmission of</li> </ul>	☐ Oral
	HIV Muths and	questioning
	<ul><li>Myths and misconceptions</li></ul>	☐ Third party
	☐ Assessment of HIV risk	report
	<ul> <li>Community</li> </ul>	
	Prevention with	
	Positives (PwP)	
	Provision of HIV testing and	
	counselling services for communities	
	☐ Care, treatment and support	
	• Community	
	prevention of	
	mother to child	
	transmission	
	o Adherence to ARV	
	treatment	
	• ARV	
	defaulter	
	tracing O Monitoring ARV	
	o Monitoring ARV interactions	
	o Support groups	
	☐ Positive living	
	☐ Home based care	
	☐ Key populations in HIV	
	☐ Situational analysis of HIV	
	☐ Introduction to TB	
	Risk factors for tuberculosis	
	<ul><li>Mode of TB transmission</li><li>Diagnosis of TB</li></ul>	
	☐ Treatment of TB	
	☐ Adherence to TB treatment	
	o TB drug interrupters	
	☐ Drug resistant tuberculosis	
	☐ Community based TB care	

		<ul> <li>Community direct</li> </ul>		
		observation		
		treatment		
		TB HIV co-infection		
		Discrimination and		
		stigmatization in HIV and TB		
		patients		
		Community referral		
3	Provide mental	Definition of terms		***
	health and	Mental health policies	ш	Written tests
	psychosocial	Assessment of patients with		Observation
		mental illness		Oral avastions
	support	Provision of emotional and	Ц	Oral questions
		psychosocial support		Third party
		Integration of mental support		report
		systems		_
		Referral for patients with		
		mental health		
		Protection and provision of		
		mental patients' rights and		
		equity		
4	Conduct integrated	Key concepts in ICCM		
•	community case	Care seeking and	ш	Written tests
	•	communication skills in the		Observation
	management	community		Oral avastions
	(ICCM)	Identification of child illnesses	Ц	Oral questions
		and mortality		Third party
		o Cough		report
		o Fever		
		o Diarrhoea		
		<ul> <li>Convulsion</li> </ul>		
		<ul> <li>Vomiting</li> </ul>		
		<ul> <li>Difficulty feeding or</li> </ul>		
		drinking		
		Signs of child illness		
		o Fast breathing		
		<ul> <li>Chest indrawing</li> </ul>		
		<ul> <li>Unusually sleepy</li> </ul>		
		child		
		<ul> <li>Severe malnutrition</li> </ul>		
		Referral and treatment of		
		children		
5	Manage malaria and	Introduction to malaria		Written tests
	zoonotic diseases	Uncomplicated malaria		
		Severe malaria		Observation
		Testing for malaria		Oral questions
				1

			Malaria in pregnancy		Third party
			Keeping rapid diagnostics tests		report
			and AL Safe		
			Prevention and control of		
			malaria		
			Introduction to zoonotic		
			diseases		
			Prevention and control of		
			zoonotic diseases		
6	Execute psycho-		Introduction to psycho-active		Written tests
	active drugs		drugs		
	demand reduction		Identification of psycho-active		Observation
	strategies		drugs		Oral questions
		ш	Psycho-active drugs need		Third party
			assessment Implementation of psycho-		report
		_	active drugs demand reduction		<b>F</b>
			strategies		
			Monitoring psycho-active drugs		
		_	use		
			Preparation and dissemination		
			of monitoring report		
7	Manage non-		Definition of terms		<b>TT</b> 7
'	communicable		Identification of non-		Written tests
	diseases		communicable diseases		Observation
	discuses		Classification of non-		Oral questions
			communicable diseases	_	•
			Identification of signs and	l u	Third party
			symptoms		report
			Risk factors of NCDs		
			Prevention and control		
			Referral of NCD clients		
			Identification of common		
			complications		
			Psycho-social support		
			Palliative care		
			Health information on NCDs		

- Direct instruction
- Project
- Case studies
- Field trips/site visits
- Discussions
- Demonstration by trainer, and return demonstration

• Practice by the trainee

# **List of Recommended Resources:**

- Diagnostic tools and equipment
- Computers
- SOPs
- Projectors
- Flip charts
- Stationary
- Relevant charts
- Internet connectivity
- Relevant videos
- Thermometer
- Mid upper arm circumference tape
- Weighing scale
- Referral tools
- Community referral form
- Sick child recording form
- RDT Kit
- Drugs
- ORS, Zinc
- 500 ml containers

#### MAINTAINANCE OF COMMUNITY HEALTH INFORMATION SYSTEMS

UNIT CODE: HE/CU/CH/CR/03/4/A

## **Relationship to Occupational Standards**

This unit addresses the Unit of Competency: maintain community health information systems

**Duration of Unit: 80 hours** 

## **Unit Description**

This unit specifies the competencies required to maintain community health information systems. It involves preparing for CHIS performance assessment, carrying out CHIS performance assessment and utilizing community health information systems

# **Summary of Learning Outcomes**

- 1. Prepare for CHIS performance assessment
- 2. Carry out CHIS performance assessment
- 3. Utilize community health information system

Learning Outcome	Content Content	Suggested Assessment Methods
1 Prepare for CHIS performance assessment	<ul> <li>□ Identification of CHIS training needs</li> <li>□ Carrying out of CHIS training</li> <li>□ Assessment of existing community health information systems</li> <li>□ Preparation of CHIS report</li> </ul>	<ul><li>□ Observation</li><li>□ Case studies</li><li>□ Oral</li><li>□ Third party report</li></ul>
2 Carry out CHIS performance assessment	Preparation of CHIS assessment report Determination of CHIS improvement areas	<ul> <li>□ Written tests</li> <li>□ Observation</li> <li>□ Oral questioning</li> <li>□ Third party report</li> </ul>
3 Utilize community health information system	<ul> <li>□ Identification of CHIS tools</li> <li>□ Analysis of community health data</li> <li>□ Preparation of community health report</li> <li>○ Community dialogue</li> </ul>	<ul><li>□ Written tests</li><li>□ Observation</li><li>□ Oral questions</li></ul>

<ul> <li>Review meetings</li> <li>Undertaking of reviews and updates</li> </ul>	☐ Third party report
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- Direct instruction
- Project
- Case studies
- Field trips/ site visit
- Computer aided learning
- Group discussions
- Demonstration by trainer
- Practice by the trainee
- Relevant video shows

# **List of Recommended Resources**

- Computer
- Relevant software
- Standard manuals
- Stationaries
- Workstation
- Flip charts
- Journals
- Surveying tools
- Internet
- MOH reporting tools

#### **COMMUNITY HEALTH LINKAGES**

UNIT CODE: HE/CU/CH/CR/04/4/A

## Relationship to Occupational Standards

This unit addresses the Unit of Competency: conduct community health linkages

**Duration of Unit: 80 hours** 

#### **Unit Description**

This unit specifies the competencies required to conduct community health linkages. It involves coordinating community access to health services, carrying out social mobilization and participation. It also includes advocating enrolment into health insurance scheme.

#### **Summary of Learning Outcomes**

- 1. Coordinate community access to health services
- 2. Carry out social mobilization and participation
- 3. Advocate enrolment to health insurance scheme

<b>Learning Outcome</b>	Content	Suggested Assessment Methods
1 Coordinate community access to health services	<ul> <li>□ Identification of community health needs</li> <li>□ Identification of target population</li> <li>□ Community mobilization</li> <li>□ Identification and analysis of community health defaulter tracing system         <ul> <li>○ Routine updating and review of defaulter tracing registers</li> <li>○ Identification and interpretation of defaulters</li> </ul> </li> <li>□ Health access linkages</li> <li>□ Coordination and maintenance of referral cases</li> </ul>	<ul> <li>□ Observation</li> <li>□ Case studies</li> <li>□ Oral</li> <li>□ Third party report</li> </ul>
2 Carry out social mobilization and participation	<ul> <li>□ Collection and analysis of socio-economic health status data of a community</li> <li>□ Report preparation</li> </ul>	<ul><li>□ Written tests</li><li>□ Observation</li><li>□ Oral questions</li></ul>

	<ul> <li>□ Determination of community needs</li> <li>□ Identification of areas of community participation and mobilization</li> <li>□ Development of strategies for community participation and</li> </ul>	☐ Third party report
3 Advocate enrolment into Health Insurance Scheme	mobilization  ☐ Introduction to Universal Health Coverage ☐ Roles and responsibilities of community health workers in UHC ☐ ○ Community health education ☐ Door to door services ☐ Screening for non-communicable diseases (NCDs) ☐ Enrolment strategies into Universal Health Coverage (UHC) program ☐ Monitoring of enrolment into UHC ☐ Types and benefits of health insurance schemes	<ul> <li>□ Written tests</li> <li>□ Observation</li> <li>□ Oral questions</li> <li>□ Third party report</li> </ul>

- Direct instruction
- Project
- Case studies
- Field trips/site visits
- Group discussions
- Demonstration by trainer
- Computer Aided Learning (CAL)
- Practice by the trainee
- Relevant video shows

# **List of Recommended Resources**

- Computer
- Monitoring and evaluation tools
- Internet connectivity
- Workshop

- Stationery Flip charts



#### COMMUNITY HEALTH SERVICE STRATEGIES

UNIT CODE: HE/CU/CH/CR/05/4/A

## **Relationship to Occupational Standards**

This unit addresses the Unit of Competency: Conduct community health service strategies.

**Duration of Unit:** 80 hours

#### **Unit Description**

This unit specifies the competencies required to conduct community health service strategies. It involves establishing community health units and conducting advocacy, communication and social mobilization.

## **Summary of Learning Outcomes**

1 Establish community health units

2 Conduct advocacy, communication and social mobilization

<b>Learning Outcome</b>	Content	Suggested Assessment Methods
1 Establish community	☐ Introduction to community health strategy	☐ Observation
health units	☐ Community entry process	☐ Case studies
nomin dans	Determination of community units' boundaries	☐ Oral
	□ Selection of Community Health Committees	☐ Third party report
	<ul> <li>Training of CHCs</li> <li>Selection of Community health workers</li> </ul>	
	<ul><li>Training of CHWs</li><li>Household mapping and registration</li></ul>	
	<ul><li>Allocation of households to CHWs</li></ul>	
	☐ Determination of Community health units' services	
	<ul><li>Monitoring of community health units</li></ul>	
	☐ Sustainability of community health units	

	o Income generating	
	activities	
	☐ Reporting of community	
	health data	
2 Conduct	☐ Implementation of advocacy	Written tests
Advocacy,	resources and strategies	VV IIIICII ICSIS
Communication	☐ Preparation of health advocacy ☐ ☐	Observation
and Social	plan	Oral questions
mobilization	☐ Identification of relevant	-
(ACSM)	stakenorders and partners	Third party
(11001/1)	☐ Identification of community 1	report
	health needs	
	☐ Carrying out health needs	
	advocacy	
	☐ Effective Communication	
	☐ Basic Counselling skills	
	☐ Identification of social	
	mobilization strategies	
	Community dialogue	
	•	
	days	
	o Community	
	conversation	
	☐ Implementation and	
	evaluation of health campaign	
	strategies	

- Direct instruction
- Project
- Case studies
- Field trips/site visits
- Group discussions
- Demonstration by trainer
- Practice by the trainee
- Exercises

### **List of Recommended Resources**

- Computers
- Workshop resources
- Training manuals
- Projectors
- Flip charts

- Charts with presentations of data
- Internet
- Relevant videos
- CHIS tools



#### GENDER, DISABILITY AND VULNERABLE GROUPS

UNIT CODE: HE/CU/CH/CR/06/4/A

## **Relationship to Occupational Standards**

This unit addresses the Unit of Competency: Monitor gender, disability and vulnerable groups.

**Duration of Unit: 80 hours** 

#### **Unit Description**

This unit specifies the competencies required to monitor gender, disability and vulnerable groups. It involves identifying vulnerable groups, conducting health needs assessments, carrying out civic education, providing health care and social services linkages and monitoring support groups.

# **Summary of Learning Outcomes**

- 1 Identify vulnerable groups and GBV cases
- 2 Conduct health needs assessments
- 3 Carry out civic education
- 4 Provide health care and social services linkages
- 5 Establish support groups

<b>Learning Outcome</b>	Content	Suggested Assessment Methods
1 Identify vulnerable groups and GBV cases	<ul> <li>□ Basic concepts of disability, gender and vulnerable groups</li> <li>□ Disability, gender and vulnerable groups awareness, lobbying and advocacy</li> <li>□ Approaches and strategies to disability, gender and vulnerable groups mainstreaming and integration</li> <li>□ Determination of vulnerable groups</li> <li>□ Determination of vulnerability contributing factors</li> <li>□ Involvement of stakeholders and partners</li> <li>□ Gender based violence (GBV)</li> </ul>	<ul> <li>□ Observation</li> <li>□ Case studies</li> <li>□ Oral</li> <li>□ Third party report</li> </ul>

			<ul> <li>Basic understanding of GBV</li> <li>Care for GBV survivors</li> <li>Psychosocial support for GBV survivors</li> <li>Referral and follow up for GBV survivors</li> <li>Role of Community health workers in GBV</li> <li>GBV in humanitarian</li> </ul>		
			<ul><li>context</li><li>GBV awareness at</li></ul>		
			community level		
2	Conduct health		Monitoring and evaluation Introduction to health needs		
	needs assessments		assessment	Ų	Written tests
			Identification of health needs  O Prioritization of health	ш	Observation
			o Prioritization of health needs		Oral questioning
			<ul> <li>Determination of</li> </ul>		Third party report
			target vulnerable populations and areas		тероге
			<ul> <li>Implementation of</li> </ul>		
			action on felt needs		
			<ul> <li>Integration of needs of vulnerable populations</li> </ul>		
			Identification and		
			strengthening of partnerships		
	Carry out civic		Introduction to civic		Written tests
1	education		education		Observation
			Identification of issues of interest in the community		Oral questions
			Identification of target		Third party
			audience	•	report
			Civic education activities		•
			Cohort selection		
	Provide health care	<b>–</b>	Definition of terms		Written tests
	and social services		Creation of health awareness Formation of community		Observation
	linkages		linkage structures		Oral questions
			Provision of social protection		-
			interventions  Identification of dialogue and		Third party report
			Identification of dialogue and health action days		r

	<ul> <li>Initiation of social assistance programs</li> <li>Identification and mitigation of services access barriers</li> </ul>	
5 Establish support groups	<ul> <li>□ Definition of terms</li> <li>□ Integration of support groups</li> <li>□ Identification of support group training needs</li> <li>□ Monitoring of service provision</li> <li>□ Development of support group strategies</li> </ul>	<ul><li>□ Written tests</li><li>□ Observation</li><li>□ Oral questions</li><li>□ Third party report</li></ul>

- Direct instruction
- Project
- Case studies
- Field trips/site visits
- Group discussions
- Demonstration by trainer
- Practice by the trainee
- Exercises

# **List of Recommended Resources**

- Computers
- Training resources
- Projectors
- Flip charts
- Charts with presentations of data
- Internet connectivity
- Relevant videos
- CHIS Tools
- PRC Forms
- MOH 364 Sexual Gender Based Violence Summary Form